

Food

What's eating us this month

Mighty Aphrodite's fare

What could be better than an evening devoted to the heady combo of aphrodisiacs and romance? We cajole six restaurants to create their own lust-inducing dishes and the results are swoon-worthy. By **Syazlynia Rahim**. Photography **Denis Erroyaux**

Try all these aphrodisiac dishes from Feb 1-28



What Sundae Sweet Heart
Where All Delicious cafes
How much RM18.80++

Dishing up love on a plate comes with the danger of looking saccharine but the Sundae Sweet Heart is stepping into Cupid's personified shoes with glee. A sundae's a very retro treat (images of couples in lip-lock over one abound) and therein lies its brilliance—this sundae is tailor-made for sharing. It's a gorgeous concoction of ice-cream, meringue and wild berries. Push a long-handled spoon through the layers of chocolate and

vanilla ice-cream and you'll encounter soft yet crunchy mounds of rose petal meringue, dripping with red date sauce (strange, we know, but they go so well together; what's more, it coincides with Chinese Valentine's as well). And if you had forgotten that this is the month of l'amour, the red cinnamon heart-shaped lollipop is a sweet reminder.

Dua Residency (03 2166 2066); Bangsar Village (03 2287 1554); Mid Valley (03 2287 5770); One Utama (03 7724 1086); Marc Residence (03 2166 9099/ www.delicious.com.my).



A strange yet mesmerising combination

What 'Crazy Love' – an ice-cream duo of chocolate chili and strawberry balsamic

Where Order from www.thelastpolka.com. Also available at The Bee

How much RM45 per tub of flavour through online order

Taking its name from the Van Morrison song, self-proclaimed ice-creamists, May Yee and Ee Vee, decided to go for a his & hers creation. As a twist on the traditional ice-cream, a little heat is introduced by layering a chili jelly mixture (made of

paprika and chili padi) in an ice-cream made out of dark chocolate couverture. An addition of balsamic (the solution for so many cooking evils) in an ice-cream made out of fresh strawberries dispenses with the usual cloying sweetness, replacing it with a unique, refreshing flavour. Odd ingredients we know, but you can't go wrong with chili and balsamic – the proof is in the pudding.

The Bee, 2A-G, Block K, Jaya One, 72 Jalan Universiti, Section 13, PJ (03 7960 2160/www.thebee.com.my).



Cupid is well on form here